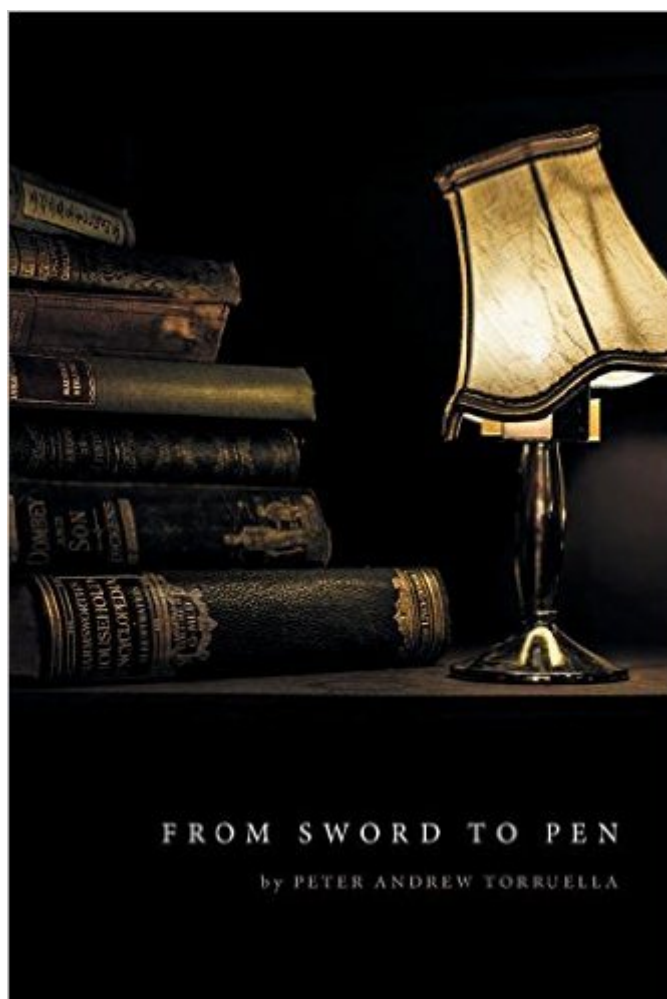


The book was found

From Sword To Pen



Synopsis

Hairs on the back of my neck stand up as if called to attention. Feelings of utter doom enter my mind ... A threat awaits me, sight unseen ... Post-traumatic stress disorder. It can leave you stuck in a constant sense of danger; plagued with intrusive memories; suffering pain, guilt, mistrust. PTSD can wreak havoc on the lives and relationships it touches, creating an uncrossable chasm. This book bridges that gap. A poetic collection complete of honesty, sensitivity and haunting beauty, From Sword to Pen brings us to a place of understanding as we share the poet's innermost thoughts of life with PTSD. I cannot find the real me that I have left behind ...

Book Information

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Customer Reviews

I just received my copy from sword to pen. this book is truly inspirational started reading it and I couldn't put it down. I loved pg39, pg49 and pg 71. I would recommend this book to everyone i know. This book is so worth reading. Thank you to the Arthur Peter Andrew Torruella for writing such a great book

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